

# Intuitive Mother MIDWIFERY

Kristy Wilson, CPM

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## INFORMED CONSENT FORM (latest update Feb 2021)

Philosophy: Pregnancy and birth are inherently natural life events. The bond that develops between a mother and her child begins before birth. A relationship with a professional midwife can assist in developing this bond and help a mother to find confidence and understand the awakening of her own motherly intuition during this transformative time. The Midwifery Model of Care is based upon these facts and includes the monitoring of your physical, psychological and social well-being throughout your prenatal, birth and postpartum visits. The goal is to support you in the process of birthing your babies safely and without hindrance by helping to protect the natural progression of labor and birth and to minimize technological and pharmaceutical interference. The care of a professional midwife provides hands-on support during pregnancy, labor, birth, and postpartum. The midwifery model of care allows for a midwife's scope of practice to be limited to normal pregnancy and well women care. There are potential risks involved in any delivery, whether at home or in the hospital. There are absolutely no guarantees in birth either in the hospital or at home.

As a midwife, I do:

1. Support women and provide care according to the Midwifery Model of Care to assist in the course of normal childbirth except in an emergency situation that poses an immediate threat to the life of the mother or newborn.
2. Encourage to seek and provide each client with the means to obtain prenatal, postpartum, and newborn care.
3. Do not use forceps or surgical instruments for any procedure other than cutting the umbilical cord or to provide emergency first aid.
4. Do not advance or hinder labor or birth by using medicines or mechanical devices. Herbs may be offered.
5. Do not administer prescription drugs, with the exception of oxygen and eye prophylaxis to prevent blindness of the infant.
6. Do have emergency protocols to transfer to the nearest hospital in the event of an emergency. I will not remove the placenta by invasive techniques.
7. Can suture a first or second-degree tear if necessary and the tear is within my scope and skill set.
8. Register all births and deaths with the state and do not intentionally or knowingly make false statements on a birth certificate application. This is an offense that is prosecutable to the third degree.
9. Provide midwifery care in accordance with those certifiable as a Certified Professional Midwife (CPM) by the North American Registry of Midwives (NARM) of which I have been registered since 2016 upon completion of an apprenticeship through the PEP process. I am not a nurse. I am not a doctor.
10. Explain to clients the legal status of midwives in the state and provide an full explanation of my training, licensing, and certification.
11. Believe that birth is a natural event in most circumstances and encourage prenatal and postpartum care to screen for complications and risk factors. I advise each client to seek medical care if the client develops signs or symptoms of a pregnancy-related complication.
12. Report all communicable diseases or concerns for child and maternal safety.

As a midwife, I have:

1. Birth professional experience since 2012.
  - a. Births attended: more than 350 (Clients as primary midwife 250+)
  - b. Mothers served as part of a group practice: more than 550 in group practice with other midwives sharing on-call services
  - c. Placentas prepared for postpartum use: more than 500
2. Certification as a CPM (NARM) since July 2016. Expires, up for renewal 7/2023.
3. 2021 BSM - Bachelors of Science in Midwifery, National College of Midwifery, Taos, NM.
4. Completed the Midwifery Bridge Certificate offered by NARM in 12/2016.
5. Neonatal Resuscitation (NRP) training since 2014 to present. Expires 11/2021.
6. American Red Cross Basic Life Support for Healthcare Workers (BLS) certification since 2013-present. Expires 8/2022.
7. Placenta Preparation Specialist experience since 2013.
8. Bloodborne pathogen certification and recertification 2014-present.
9. Provided my entire education, certification and background for review upon request.

In choosing home birth I/we understand that I am taking primary responsibility for all decisions, procedures and outcomes regarding my prenatal, birth and postpartum care. I acknowledge that I am contracting for the midwifery services of Intuitive Mother Midwifery, LLC and Kristy Wilson, CPM. I have chosen to have a home birth, based upon what I believe to be a thorough examination of the alternatives. I have discussed my prenatal care and birth options with knowledgeable people to the extent I think is necessary.

I/we also fully understand and agree to the following:

1. Kristy Wilson, CPM is a home birth midwife. She and her midwifery assistant are not doctors or nurses. Intuitive Mother Midwifery, LLC provides care for women who have normal, uncomplicated pregnancies and expect a normal delivery of a healthy child.
2. While there are many advantages to home birth, it is impossible at a home birth to provide the same type of medical care that is available in the hospital. For example, hospitals utilize more equipment such as monitoring devices, surgical apparatus', various medications including anesthetics and analgesics, blood plasma, etc. I am fully aware that in the event of a complication or emergency there are fewer options for medical intervention available at a home birth than there would be in a hospital.
3. It may become necessary during the birth to transfer the mother and/or child to the hospital, before, during, or after the birth. I agree to go to the hospital upon the midwife's recommendation. If this becomes necessary, I understand that in most circumstances, such transport is via private car.
4. I agree to have the baby seen by a physician for a newborn physical examination if the midwife deems it necessary.
5. I understand that Kristy Wilson, CPM and Intuitive Mother Midwifery, LLC is NOT licensed by the state of Pennsylvania and does not carry medical malpractice insurance.
6. I understand that Kristy Wilson, CPM DOES NOT have formal physician backup. Kristy Wilson, CPM will discuss the range of options for transport and assist me if I request it in developing my plan.
7. There are various tests available, such as amniocentesis, to detect genetic abnormalities or other complications. Kristy Wilson, CPM does not perform such tests, although referrals may be made to diagnostic centers. If the need or desire for such tests should arise, they should be fully discussed with a medically trained professional.
8. Certain risk factors may become known during the prenatal period. I understand that these factors pose a risk of complications and/or injury to the mother and/or child. If the midwife believes that the risk is too great for a home delivery, and I decide to stay at home despite her concerns, I agree to sign a form taking full responsibility for proceeding with a home birth despite these risk factors.
9. I understand that even with the most attentive care during the prenatal period, unpredictable medical problems may arise during pregnancy or childbirth. Because some of these problems may place my child or me at risk, transfer to a physician and/or hospital may be necessary. The following situations may be considered high risk. If they occur during my pregnancy and cannot be resolved, I may need to reconsider my decision to have a homebirth. They include but are not limited to the following:

Diabetes

High blood pressure

Preterm labor

Twins or breech presentation

Preterm premature rupture of membranes

Active genital herpes

Preeclampsia

Rh neg. mother with a positive antibody screen

10. The following complications are rare, but may occur during the labor and birth process. I/We understand that any of these complications could lead to permanent injury and/or death to my child or me. They include but are not limited to:

- Fetal distress
- Retained placenta
- Placental previa or abruption
- Prolapsed cord
- Uterine rupture
- Excessive blood loss
- Severe lacerations
- Congenital defects
- Shoulder dystocia
- Stillbirth

11. I/We understand that Kristy Wilson, CPM carries the following equipment, supplies and medications with her during a home birth:

- Anti-hemorrhagic agents
- Hand-held Doppler
- Urinary catheters
- Suturing materials
- DeLee catheter

12. I/We understand Kristy Wilson, CPM may NOT have the following equipment, supplies and medication with her at a home birth:

- Oxygen tank
- Pain medication, including epidurals or narcotics
- Surgical equipment beyond that needed for basic suturing
- Forceps or vacuum
- Continuous fetal monitoring equipment
- Blood for transfusions

I/We hereby release Kristy Wilson, CPM and Intuitive Mother Midwifery, LLC and her assistant/s from all liability for complications which may arise in the course of pregnancy, birth or postpartum and the long and short-term effects of those complications. I/We acknowledge that I/We have thoroughly read and understand this document and have had an opportunity to have any questions answered regarding the benefits and risks specific to home birth. I HAVE READ, AGREE TO, AND UNDERSTAND THE ABOVE STATED MATERIAL CONTAINED HEREIN AS "INFORMED CONSENT".

\_\_\_\_\_  
Client Print

\_\_\_\_\_  
Client Signature and Date

Kristy Wilson, Certified Professional Midwife (NARM), Advanced Labor Doula and Placenta Preparation Specialist  
Certification, Education, Experience and Background - (latest update February 2021)

- Births attended: more than 350 (Clients as primary midwife 250+)
- Mothers served as part of a group practice: more than 550 in group practice with other midwives sharing on-call services
- Placentas prepared for postpartum use: more than 500

Birth Professional Positions, Higher Education, Certifications, Supplemental Training, Education, and Seminars Attended

- 2021 Bachelor of Science in Midwifery (BSM), National College of Midwifery, Taos, NM.
- Fall 2020 - PA Department of Health Annual Midwives conference (online compendium)
- 2020-2021 - Breech Without Borders Online Breech Pro and Hershey, PA in-Person Training.
- 2020 - NARM CPM and Preceptor Recertification Approved (June 2020 with expiration July 2023)
- 2020 - Evidence Based Birth Professional Course Completion
- 2020 - Helping Babies Breathe - NRP hands-on class with area midwives (Mifflin County, PA)
- 2020 - PA Department of Health Annual Midwives Conference (February 2020)
- 2019 to Present - Registered Preceptor with National College of Midwifery (NCM) and North American Registry of Midwives (NARM) with active apprentices
- 2019 - Accepted first Apprentice; Trained Assistants and Birth Attendants due to growing clientele and rural needs
- 2019 - NRP refresher course with Jennifer Nelson, Pittsburgh, PA. (Expires 11/2021)
- 2019 - PA Department of Health Annual Midwives conference (March 2019)
- 2018 - Out of Hospital Fetal Heart Monitoring, HIVEEC, Holly Scholles, MA, CPM, LDM.
- 2018 - Placentaphagy: Frequency, Rationale, and Associated Neonatal Outcomes, HIVEEC, Melissa Cheyney, PhD, CPM, LDM
- 2018 - Anemia: Diagnosis, Implications and Management in Pregnancy and Postpartum, Julia Bailey, CPM, LDM, IBCLC
- Fall 2017 - Enrolled to Present (Lifetime Membership) - Herbal Medicine for Women Continuous Course, Aviva Romm, MD, Midwife
- Fall 2017 - Surgical Skills for Midwives Online Class
- Summer 2017 - "Stick 'Em Up" IV Therapy for Midwives Class, Las Vegas, NV
- Summer 2017 - "Spinning Babies" Workshop, Las Vegas, NV
- Summer 2017 - Midwifery Today "Tricks of the Trade" Seminar
- Spring 2017 - Microbirth School with Toni Harman of "The Microbiome Effect & Your Baby's Microbiome"
- September 2016 - Birth Emergency Skill Training (BEST) Workshop for the Out-of-Hospital Midwife, with Andrea Dixon, CNM, in Las Vegas, NV
- August 2016 to Present - Certified Professional Midwife (CPM) through North American Registry of Midwives (NARM)
- Summer 2016 - NV State Hearing Screening for Early Hearing Detection & Intervention (EHDI) Program: attended training, and approved by the State of Nevada to conduct screenings.
- Spring 2016 - Mercy In Action Navigating Ethical Student/Preceptor/Client Relationships Correspondence Course
- Spring 2016 - Mercy In Action Global Midwifery Skills Correspondence Course
- Spring 2016 - Mercy In Action Cultural Competency & Respectful Maternity Care Correspondence Course
- April 2016 - Midwifery Today Conference, Harrisburg, PA. Attended classes by Carol Gautschi, Diane Goslin, Barbara Harper, Gail Hart, Fernando Molina, Sister Morningstar, Elaine Stillerman, and Jan Tritten. Classes included: The Lost Art of Pelvimetry; The First Two Hours After Birth; Malpresentations; Tricks of the Trade; Waterbirth Around the World; Organic Midwifery; New and Old Techniques for Controlling & Preventing Hemorrhage; Motherbaby Communication in the Womb.
- Spring 2013- Spring 2016 - Midwifery Apprenticeship and Assistant with Sherry Hopkins, CPM & Tiffanie Gonzales, CPM of Well Rounded Momma, Las Vegas, NV.
- Spring 2015 to Spring 2017 - Advanced Labor Doula, Certified Professional Midwife, Co-Owner/Financial Officer/Treasurer, Well Rounded Momma Maternity Center, Las Vegas, NV.
- 2015-present - Creator and Instructor, Beyond Birth Postpartum Workshop including Womb Wrap Belly Binding services.
- February 2015 - Midwifery Today Conference, Eugene, OR. Attended classes by Michel Odent, Sister Morningstar, Patricia Edmonds, Elizabeth Davis, Gail Hart, Fernando Molina MD, Gail Tully, Diego Alarcon, Vicki Penwell, Jan Tritten, and Yeshi Neumann. Classes included: Newborn Babies Need Love, Microbes, & Stress; Birth with Love Changes the World; Communication for Birth Practitioners; Pelvis Diameters for Freeing Stuck Babies; Hemorrhage and Estimating Blood Loss; Love in Birth vs. Fear in Birth; Cherokee Birth; Mythology in Midwifery and Obstetrics; Holistic Complete Exam; Low-tech, No-tech Midwifery.
- 2014, 2016- Certification, Integrative Neonatal Resuscitation of the Newborn (NRP) through Karen Strange, Neonatal Program Instructor, American Academy of Pediatrics in San Diego, CA & Las Vegas, NV.
- 2014 to 2018 - Founder and Operator, 'Honor Your Placenta' (TM) Placenta Preparation Services, Las Vegas, NV.
- 2014 North American Registry of Midwives (NARM) onsite classes for Preceptor/Apprentice Relationships and Legislation Information Session, Las Vegas, NV.
- 2013 to Present - Placenta Preparation Specialist & Trainer for Natural Healing Art of the Placenta, Albuquerque, NM. Placentaphagy (smoothies, capsules, tincture and salve) & Placenta Art Training. OSHA trained in Bloodborne Pathogen Safety. Clark County Food Safety Handler.
- 2013 - Hatting, Chatting & Patting and History of Midwifery online courses by Ancient Art of Midwifery Institute (AAMI).
- Fall 2013-Spring 2017 - Independent Contractor, Well Rounded Momma, Maternity Center, Las Vegas, NV.
- 2012 - DONA Doula Workshop, Las Vegas, NV.
- 2012 to Present - Certification, CPR/BLS for the Healthcare Professional through American Heart Association. (Expires 8/2022)
- 2006 to 2015 - Water Lily Natural Health, Owner and Operator as Doula, Wellness Consultant, Healthy Living Consultant. Albuquerque, NM and Las Vegas, NV.
- 2001 Bachelor of Science, Pennsylvania State University, Magna Cum Laude, Beta Gamma Sigma Honors Society. Majored in Insurance and Minored in Legal Environment of Business.
- 1997-1998 Allentown College of St. Francis de Sales - Nursing Major.

INFORMED CONSENT STATEMENTS:

I understand that there are potential risks to myself and/or my baby during pregnancy, labor, delivery and the newborn and postpartum period. I understand that my midwife will do her best to inform me of these risks and ask me to sign Informed Consent forms and disclosures as we discuss various issues. I understand the above statement regarding my rights:

YES NO

The following laboratory tests and procedures are recommended during pregnancy: Blood type and RH factor, CBC, Syphilis, Rubella Titer, Antibody Screen, HIV, Hepatitis B & C, Urinalysis, Gonorrhea, Chlamydia, GBS Culture, Blood Glucose Screen, Thyroid Panel and Ultrasound. Rhogam is recommended by ACOG for RH negative women who experience vaginal bleeding during the pregnancy, at 28 weeks and after the birth of the baby if that baby is RH positive. A newborn genetic screen, vitamin K and antibiotic ointment are recommended for the newborn. I understand that the above tests are highly recommended and that there may be additional testing recommended for the health of myself and my baby. I additionally understand that I have the right to decline all testing and procedures.

I understand the above statement regarding my rights:

YES NO

I authorize Kristy Wilson, CPM, Intuitive Mother Midwifery, and any birth assistants attending with her, and therefore a member of the birth team, to treat me and my baby as necessary. This includes prenatal exams, collection of blood, urine and vaginal samples for laboratory testing, physical and vaginal exams as necessary, administration of herbs or medications as applicable, delivery of my baby, emergency episiotomy, perineal suturing, routine newborn care, emergency and resuscitative measures for myself or my baby, assistance with breastfeeding and any other related procedures that may be necessary for the health and safety of myself and my baby.

I understand the above statement regarding my rights:

YES NO

I agree to be contacted via telephone with all results or important matters to be discussed. I understand that all text messages are to be of non-urgent matter and that all text and telephone correspondence will be charted as official contact between myself and and Kristy Wilson, CPM.

YES NO

If you have a grievance, please attempt a resolution with us first, knowing that we will make every reasonable attempt to resolve your issue. If this is not possible, NARM can be contacted for a peer review and/or a complaint review.

I understand the above statement regarding my rights:

YES NO

I hereby agree to and understand this informed consent agreement. I accept responsibility for any potential risks of having a homebirth with a Certified Professional Midwife. I understand that Kristy Wilson is not a doctor or nurse and does not carry malpractice insurance. I was given the opportunity to ask questions and understand the information provided. I choose to continue care with Kristy Wilson, CPM, Intuitive Mother Midwifery, LLC.

\_\_\_\_\_  
CLIENT SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
CLIENT PRINT

\_\_\_\_\_  
DATE

## Legal Status of Midwifery in Pennsylvania

Traditionally, community midwives have been trained through means of an apprenticeship under an experienced midwife. They may or may not complete an academic program of study. Many midwives choose to become Certified Professional Midwives (CPM) registered with the North American Registry of Midwives (NARM). There are several paths available to achieve the status of a CPM with NARM. Traditional midwives and CPMs are not nurses or nurse-midwives, unless they have sought those credentials separately. Traditional midwives are not currently regulated by the state of PA. There is currently no licensure available to a midwife holding a CPM credential.

### Some Midwifery History

A 1929 Midwifery Statute provided regulation of midwives through the State Board of Medical Education and Licensure. A 1985 Act with a 2007 Update addressed matters regarding required physician oversight and medical practices and prescriptive permissions as they apply to nurse-midwives. The 1985 and 2007 statements did not address Traditional Midwives, Lay Midwives, or Certified Professional Midwives.

The Commonwealth of Pennsylvania has chosen to disregard the 1929 statute that licensed all midwives in favor of focusing on the Nurse-Midwifery licensure statute. Basically, as it currently stands and has been upheld in the court system, the Traditional Midwife is still legal to practice under the 1929 statute addressing non-nurse midwives, but they are in a position where they can no longer request and receive documentation from the commonwealth. The ability for non-nurse midwives to practice as Traditional Midwives has been upheld by the court system as recently as 2008 and 2012 (Diane Goslin vs. State Board of Medicine).

Kristy Wilson is a Certified Professional Midwife and practices in Pennsylvania as a community-based traditional midwife. Kristy Wilson is registered through Perkinelmer Genetics to collect newborn blood samples for metabolic screening and the congenital heart defect screening as per the terms of the PA Newborn Screening requirements for PA birth attendants. Kristy has also been issued a state-owned OAE device to perform the newborn hearing test. Kristy is known by the Department of Vital Statistics to file birth certificates as a CPM/Traditional Midwife.

### Sources:

<https://www.legis.state.pa.us/cfdocs/legis/li/uconsCheck.cfm?yr=2007&sessInd=0&act=50>

<https://law.justia.com/cases/pennsylvania/commonwealth-court/2008/1830cd07-5-23-08.html>

<https://www.legis.state.pa.us/WU01/LI/LI/US/PDF/1929/0/0155..PDF>

[https://www.templelawreview.org/lawreview/assets/uploads/2018/12/Levinson\\_91-Temp.-L.-Rev.-139.pdf](https://www.templelawreview.org/lawreview/assets/uploads/2018/12/Levinson_91-Temp.-L.-Rev.-139.pdf)

## HIPAA DISCLOSURES

Please take a moment to read about your rights under the Health Insurance Portability and Accountability Act (HIPAA) and affirm the following authorizations for disclosure of protected health information (PHI). The midwife may use or disclose your PHI to carry out treatment, payment, or healthcare operations related to your care. Examples would be medical consultations, referrals, or transfer of care, lab or ultrasound orders, and insurance claims on your behalf.

You have the right to:

Request access to your health record at any time.

Request corrections be made to your health record.

Request that all communications regarding your care with Intuitive Mother Midwifery be restricted from unsecure transmissions (fax, email, voicemail).

Complain about a perceived violation of your privacy to us, our certifying board, or the US Office for Civil Rights.

Refuse any of the following authorizations:

Please initial	Yes	No
I understand the above statement regarding my rights.		
I agree to allow students or apprentices of my Midwife who are involved in my care to use my records, with my name removed, as verification of skills with the North American Registry of Midwives.		
I agree to allow a photo of my baby or me to be posted on my Midwife's webpage gallery or Facebook page without personal identifiers, but baby's weight and name.		
I agree to allow my midwife to use photos that I share with them for their purpose of education in presentations about midwifery and homebirth.		
I agree that Kristy Wilson, CPM may share my records with the assistant midwife who will share part in my care while laboring and giving birth. I also understand that whoever attends my birth as an assistant will have access to my prenatal care records so that she may be fully informed to provide the best care for me during my labor and birth.		

My midwife has my permission to disclose my protected health information to the following family members or friends:

\_\_\_\_\_  
CLIENT SIGNATURE

\_\_\_\_\_  
CLIENT PRINT

\_\_\_\_\_  
DATE